



NORTHERN ARIZONA

CARE AND SERVICES AFTER ASSAULT

Sexual Assault Survivor's Support Group for Women 18+

**Purpose: To Provide
A Space For Sharing,
Feeling Safe, And
Learning New
Coping Skills**



Guidelines of Group

Acceptance: No Judgment

Confidentiality: What you hear in the group stays within the group

Consideration: Time limited check-ins

Encouragement: Group members lift each other up

No Pressure: It's always OK not to share/talk

1st Wednesday of Each Month

For more information please call
928.522.9460



NORTH COUNTRY
HealthCare

